

ffiona's restaurant

AUTUMN MENU

TO BEGIN

Homemade Vegetable Soup - we make the best! - £ 6.95   

Ffiona's homemade duck pâté with toast. - £ 10.50

Grilled avocado with pistachio pesto, cherry tomatoes and toasted seeds. - £ 9.95   

King Prawns, shell off, chillies, fresh ginger & garlic. - £ 11.95  

Organic Parmesan salad with pea shoots. - £ 7.95 

Devon scallops, meuniere with English Watercress. - £ 14.50  

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THE MAIN EVENT

Rump of Cornish lamb, garlic and rosemary
served with mint sauce. - £ 22.95   

Swordfish steak, with lemon butter, caper berries and greens. - £ 22.50

Ffiona's chicken kiev... "probably the best in the world.." - £ 19.95

Ffiona's Chicken & Leek or Steak and Kidney Pie. - £ 16.95

Cornish hake on spring greens with an aromatic green mayonnaise. - £ 23.50   

Scottish sirloin steak with garlic butter. - £ 22.50   

Traditional Fish and Chips served in a crisp batter with hand cut chips,
homemade mushy peas and tartare sauce. Delicious! - £ 19.50

Veal Chop, shiitake & girolles mushrooms, Madeira and cream. - £ 23.50   

Heritage beetroot & sweet potato noodles, edamame beans,
green onion with sage & walnut pesto and dukkah. - £ 12.95    

VEGETABLES

All at £3.75

Spring greens.
Herb roasted carrots.
Spicy roasted butternut squash.

POTATOES

All at £3.75

Hand cut chips.
Colcannon (mash with leeks and shallots).
Mashed potatoes.
New potatoes.

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TO FINISH

Apple and blueberry crumble with ice cream or custard. - £6.50

Sticky toffee pudding, toffee sauce and vanilla ice cream - £6.50

Lemon, ginger and mascarpone cheese cake - light and refreshing. - £6.50

Mocha torte - ground almonds, espresso coffee and dark chocolate. - £6.50 

Organic chocolate cheesecake with seasonal fruits. - £6.50 

A selection of English Cheeses - £6.50

INCLUSIVE NOT EXCLUSIVE

As part of our “Inclusive not Exclusive” initiative a lot of our dishes are suitable or can be made suitable for various specific diets. If you have questions about the ingredients of a dish or any other dietary requirements or allergies please don't hesitate to ask.



**Gluten
Free Diet**



**Diary/Lactose
Free Diet**



Vegan Diet



Paleo Diet